

# GEARLIST WILDCAMPING

*Did you know that you could rent most of the gear?*



## Gear

- Tent
- Sleeping pad
- Sleeping bag
- Hiking boots (high!)
- Rucksack (ca. 40 L.)
- Rain cover for your rucksack
- Trekking poles (adjustable)
- Dry bags (I have 2 8L bags of Sea to Summit)
- Cookware (stove, pot, fuel - I recommend the MSR windburner)
- 3 litre Camelbak
- Water filter/Water filtration (I am happy with the KATADYN BeFree 0,6L.)

## Clothing

- Lightweight down jacket
- Shorts or thin pair of trousers
- Socks (1 pair on your feet & 1 pair extra)
- Undergarments
- T-shirt
- Long sleeved shirt (merino)
- Woollen legging
- Rain coat & pants
- Beanie & gloves
- Sunglasses
- Cap

## Toiletries

- Sun cream (50 SPF)
- Lip balm (50 SPF)
- Deodorant (mini)
- Toothbrush/toothpaste (mini)
- Sanitizer
- Toilet-paper
- Glasses/lenses
- Sport-tape
- Compeed
- Personal meds

## Miscellaneous

- Towel (lightweight & fast drying)
- Head lamp (with new batteries!)
- Spork
- Cup
- Knife
- Passport
- Card of your travel-health insurance
- Cash-and credit card

**Lunch for day 2&3**

**Snacks (nuts, dried fruits, chocolate, etc.)**