

## 4-day Escape to the Wilderness in the Swiss Alps

#### WOMEN-ONLY WILD CAMPING TRIP



#### DISCOVER HIDDEN GEMS

With no fixed itinerary, we'll have the freedom to explore the stunning alpine scenery at our own pace, and discover hidden gems that few others have seen.

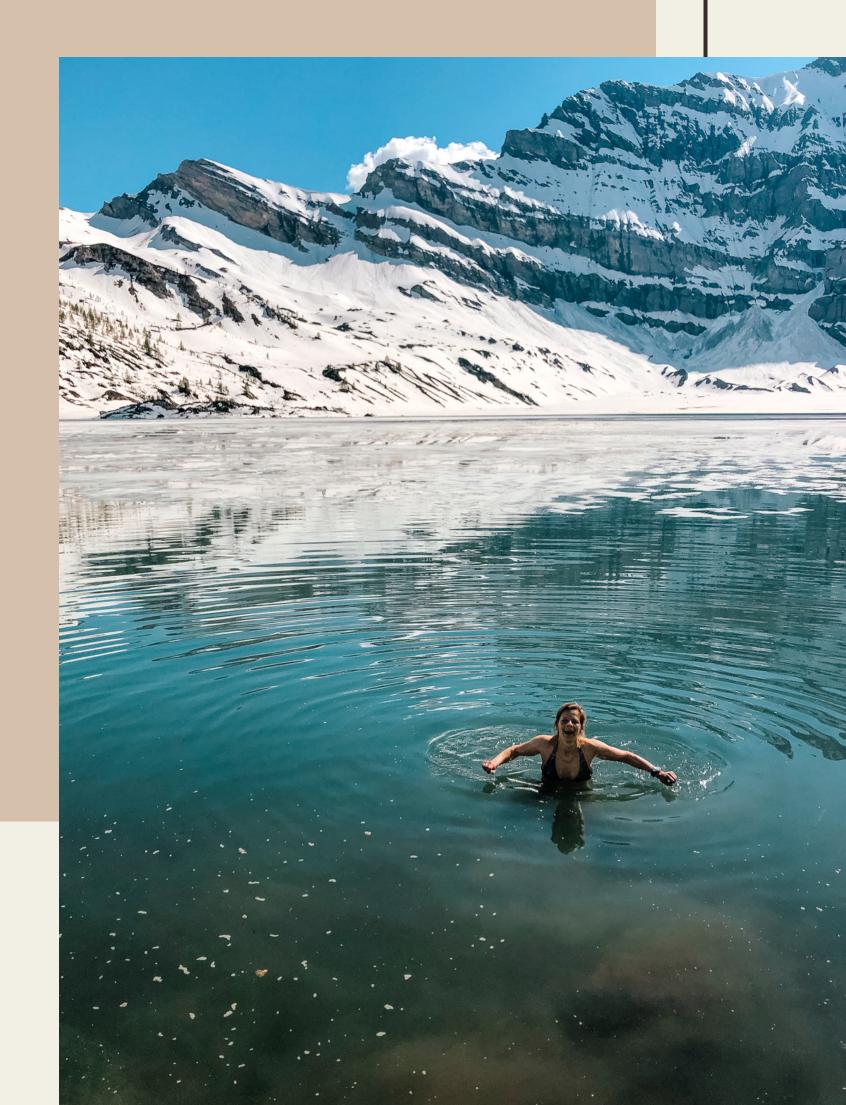
#### UNWIND

Our trip is all about unwinding and enjoying the stunning natural scenery that the mountains have to offer. No coaching, no strict schedules, just pure relaxation and immersing in nature.

#### WOMEN-ONLY

Our trip is designed exclusively for women. You'll have the opportunity to bond and make lasting connections while enjoying the trails, sunrise dips in the freezing lake, and stargazing in the evening. 'After 4 days of leaving the modern world behind, you find a sense of inner peace and are likely to be overcome by the desire for all of your life to be that simple.'

- Famke



# What you want to know...

You will carry a 12 kilo backpack – you need to be fit enough to carry this.

No phones

Maximum group size: 6

September 7th - 10th 2023 (4 days, 3 nights)

980 (excl. travel to and from startpoint St. Luc in Suisse, camping gear, and travel insurance)

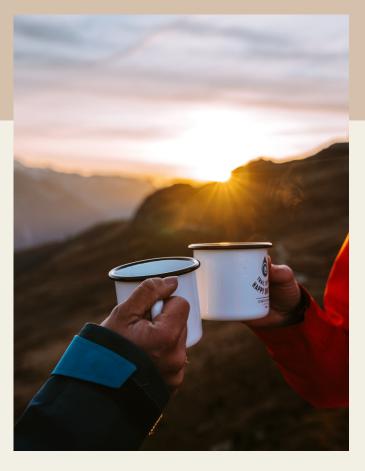
It's possible to rent all camping gear

#### A detailed packing list will be provided









### Famke & Maaike

Famke is a trained and certified UIMLA mountain leader (and so is her Golden Retriever, Woody). You can find her in and around the mountains all year long and she's stoked to share her love for our Big Friendly Giants with you!

Maaike is a certified coach – but she thinks that nature is our greatest teacher, so let's leave the coaching to our Earthly Mother. She's afraid of heights but loves being in the mountains. Her black lab Sam is coming along.